

The World Hand Hygiene Day-2022

The World Hand Hygiene Day was observed by the Department of Microbiology and Hospital Infection Control Unit (HICU), SCTIMST on May 5th, 2022, to spread awareness on the importance of hand hygiene practices in a health-care facility in prevention of transmission of infectious diseases and saving lives.

The theme for this year is “Unite for Safety, Clean your hands”



As part of the observance, we conducted a series of activities aimed to increase awareness among the staff and students in the hospital:

04/05/2022: Assessment for awarding clean ICU/Ward and hand hygiene audits were performed by Dr. Srinivas G, Scientist G & HOD, Dept, of Biochemistry and Dr. Amita R, Assistant Professor, Dept. of Transfusion medicine using a check list.

Clean ICU: 1st – Neuromedical ICU (NMICU)

2nd – Stroke ICU (STICU)

Clean Ward: 1st – Neuromedical Ward (NMWRD)

2nd – Congenital Heart Surgery Ward (CHWRD)

05/05/2022:

Display of banners in the Hospital block and AMCHSS.

Display of posters in the entrance of Block 1, Block 3 and patient waiting areas for generating public awareness on the importance of proper hand hygiene practices.

A **Quiz programme** on “Infection prevention and control” was conducted between 11-12.30 PM, at the Swasthy Convention Hall by Dr. Dinoop K P, Assistant Professor – Clinical Microbiology and Dr. Jyothi E K, Scientist C – Microbiology, for various clinical teams of SCTIMST.

Cardiology Team won the 1st Prize, and the Neurosurgery Team won the 2nd Prize

Honorable Director, Dr. Sanjay Behari, gave the inaugural address for the event. He discussed the role of hand hygiene awareness programme in improving health care quality standards. He discussed the emerging threat of antimicrobial resistance which coexists with healthcare associated infections influencing patient outcomes in a healthcare institution.

Esteemed dignitaries, Dr. Rupa Sreedhar, Medical Superintendent; Dr. Krishnakumar K, Associate Medical Superintendent, Dr. Manju R Nair, Administrative Medical Officer, and Ms. Hepzibah Sella Rani - Deputy Nursing Superintendent delivered their felicitations and threw light on the importance of the event and the teamwork in hand hygiene practices compliance for preventing the spread of healthcare associated infections.

Prizes were distributed to the winners of the Clean ICU, Clean Ward, and Quiz competitions during the valedictory function.

Two Guest lectures were organized during the event. **Dr. Rajalakshmi A, Sr. Infectious Diseases Consultant from KIMS – Thiruvananthapuram** spoke on the topic “Infection Control Component of NABH” followed by **Dr. Maya Nandkumar A, Scientist – G, Division of Microbial Technology, BMT wing** on the topic “Medical devices usage: Infections and role of hygiene”

The lectures were followed by a skit organised by the **Nursing Academic division**. The nursing students showcased a skit on the theme “unite for safety, clean your hands” demonstrating the importance and impact of teamwork (healthcare workers and community participation) in preventing spread of infectious diseases.

The **Valedictory function** was conducted between 2.30 – 5.00 PM at the Swasthy Convention Hall. **Dr. Kavita Raja, Sr. Professor and Head, Department of Microbiology** welcomed the distinguished gathering & staffs and described the theme of the celebrations with importance of hand hygiene practices and united action by all staffs in reducing the hospital infection rates.

Ms. Shiny Biju, ICN delivered the vote of thanks for the event.





ICU & Ward inspection by judges for the Clean ICU & Clean Ward competition



Hand hygiene audit for various categories of HCW





Distribution of badges and display of posters to reiterate the importance of hand hygiene practices to staff and patients



Quiz competition conducted on “Infection Prevention and Control” for teams from various clinical departments



Welcome address by Dr. Kavita Raja, Sr. Prof. & Head, Dept. of Microbiology



Honorable Director Dr. Sanjay Behari gives the inaugural address





Delivery of felicitations by esteemed dignitaries; Dr. Rupa Sreedhar, Medical Superintendent; Dr. Krishnakumar K, Associate Medical Superintendent; Dr. Manju R Nair, Administrative Medical Officer and Ms. Hepzibah Sella Rani, Deputy Nursing Superintendent, during the valedictory function



Distribution of prizes for the Clean ICU, Clean Ward and quiz competitions



Guest Lecture by Dr. Rajalakshmi A, Sr. Consultant in Infectious Diseases, KIMS - Thiruvananthapuram on “Infection control component of NABH”



Guest Lecture by Dr. Maya Nandkumar A, Scientist-G, Division of Microbial Technology, BMT – SCTIMST on “Medical devices usage: Infections and role of hygiene”





Skit on the theme and Hand-hygiene dance by the Nursing Students



Vote of Thanks by Ms. Shiny Biju



Closing session of the event